



Welcome to Teladoc

Your remote option for Healthcare

Before you go to a doctor or urgent care, try Teladoc!

- No waiting rooms
- **24/7** access to licensed physicians
- **\$0 copay on every visit**

TELADOC.

Made available by
Iron ReHealth Association Benefit
Program

Talk to a doctor anytime by phone or video through the Teladoc app.

-  Talk to a U.S. board-certified physician by phone or video from anywhere
-  Get treated for conditions like the flu, bronchitis, and much more
-  Talk to a doctor without waiting hours or weeks for care



Talk to a doctor for free

1-800-TELADOC (835-2362) | Teladoc.com



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 **TELADOC.**[®]





What is Teladoc?

Skip the trip to urgent care—our doctors are available by phone, video, or app 24/7.

Speak with a family doctor

For conditions like the flu, sinus infections, stomach aches, and much more

Connect with a dermatologist

Upload images of your issue to the app and get a treatment plan and prescription, if needed, for skin conditions like acne, eczema, psoriasis, rashes, and more

Find a Doctor

Get a list of local specialists who can help with your specific medical needs

from- <https://www.teladoc.com/ways-we-help/>



Signing up is quick and easy... Step 1



By going to www.teladoc.com, you can click **'Get Started'** to start the registration process.

Login To Your Account

— USERNAME —

— PASSWORD —

LOGIN

[FORGOT PASSWORD?](#)

[FORGOT USERNAME?](#)

New To Teladoc?

Teladoc is a national network of U.S. board-certified physicians and pediatricians that lets you resolve your routine medical issues, on-demand 24/7, via phone or online video consultations from wherever you happen to be.

It's healthcare on your terms – simple as that.

GET STARTED



Step 2

Follow the prompts as they come up. Teladoc will use your information to find your eligibility.

24/7 Access to Care

We need just a few pieces of information to confirm your benefits. Please make sure that the personal information you enter is the same as that on record with your health plan.

Already have an account? Please [sign in](#)

*All fields are required unless otherwise noted.

FIRST NAME

LAST NAME

DATE OF BIRTH

COUNTRY
United States Of America

ZIP CODE
11111 or 11111-1111

EMAIL

PREFERRED LANGUAGE
English

GENDER

I have a Teladoc Promo Code. (Optional)

CONTINUE >



Step 3

Once Teladoc has found your enrollment, select the **Iron ReHealth Association Benefit Program**.

If this option does not pop up for you, please contact the Iron ReHealth Customer Care team at **(334) 245-1099** or **info@IronReHealth.com**



CANCEL REGISTRATION X

Confirm Benefits

Create Account

Get Care

*All fields are required unless otherwise noted.

Your benefits have been found!

We've matched you to a benefits provider. Please confirm below.

My benefits provider is **Regions Financial Corporation**.

My benefits provider is **Iron Rehealth Association Benefit Program**.

Look me up using my health or insurance provider

CONTINUE >

If you are unsure of the options listed above, it may be because your access to Teladoc is provided by a third party. Please

Step 4



CANCEL REGISTRATION X

Confirm Benefits

Create Account

Get Care

Fill out the remaining information on your registration form.

Finish creating your account

Your benefits are confirmed - we just need a little more information to create your account.

*All fields are required unless otherwise noted.

Enter Your Home Address

STREET ADDRESS

1853 Seasons Drive

STREET ADDRESS 2 (OPTIONAL)

CITY

Prattville

COUNTRY

United States Of America

STATE

Alabama

ZIP CODE

36066



Step 5



➤ Confirm Benefits

➤ Create Account

➤ Get Care

Request a visit!

Welcome to 24/7 care

Your account is setup and your benefits are confirmed.

REQUEST A VISIT

Save time later - take time now to:

COMPLETE MEDICAL HISTORY

ADD FAMILY MEMBERS

SET COMMUNICATION PREFERENCES

Just take me to my [homepage](#)

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Things to Note

1. Dependents age 18 and older will need to register their own account
2. Fill out your medical history once you register so that the app or website is ready whenever you request a visit



1. Visit details ▶ 2. Billing information ▶ 3. Review & submit

Request a Visit

If this is a **medical emergency**, please dial 911 or go to your nearest medical facility immediately.

*All fields are required unless otherwise noted.

Who is this visit for?

Prior to this visit, please ensure medical history is updated with the most current information.

Your medical history has not been filled out yet.

[Please click here to fill it out now.](#)

BRANDYANN MOSELEY

CANCEL

CONTINUE

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Any questions? We are here to help!

Iron ReHealth Customer Care

Phone: 334-245-1099

Email: info@ironrehealth.com



Teladoc Customer Service

Web: [Teladoc.com](https://www.teladoc.com)

Phone: 1-800-Teladoc

